**Name:**

**Place an ‘X’ next to any item you don’t have. We will find the necessary equipment.**

**CANOE JOUNEY EQUIPMENT LIST**

**Required Equipment**  
1 bowl (tin or plastic)  
 1 cup (tin or plastic)  
spoon/fork  
water bottle  
flashlight (not too big) or headlamp  
sunscreen  
toothbrush  
sleeping bag  
PFD (Personal Floatation Device)  
rain gear - rain pants and jacket  
jacket/sweater (wool, fleece)  
2 t-shirts   
1 long sleeve shirt   
1 pair of shorts  
1 pair of pants (Jeans are fine but they do not dry quickly if they get wet)  
bathing suit  
towel  
hat  (Sun and bug protection)  
wool hat or ski hat (It gets cold at night)  
1-2 pair of socks  
Sneakers or hiking boots  
Water shoes – can be old sneakers that can get wet (NO flip flops or slides)  
  
**Optional**  
book (Reading time will be available)  
bed roll   
fishing gear